

# Lewy body disease

Lewy bodies disease is a progressive disease that starts at the age of 50-80. Its name is derived from Lewy bodies, which are intracellular grains that due to the disease accumulate in the area of the cortical layer of the brain. The cause of the disease is unknown.



Memory diseases always affect the family and friends. Human behavior changes as the disease progresses. Disease is slightly more common for men than women.

Many of the disease's symptoms can be treated with or without medicine. Good treatment and rehabilitation also help the patient's quality of life.

## SYMPTOMS OF THE DISEASE may include



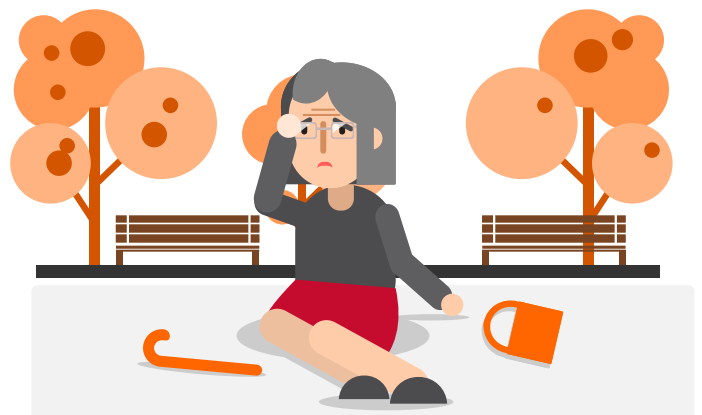
Muscle stiffness, difficulty in getting started to move, and difficulty walking



Hallucinations, like visual hallucinations and delusions



Perception difficulties



Mental disturbance, falling

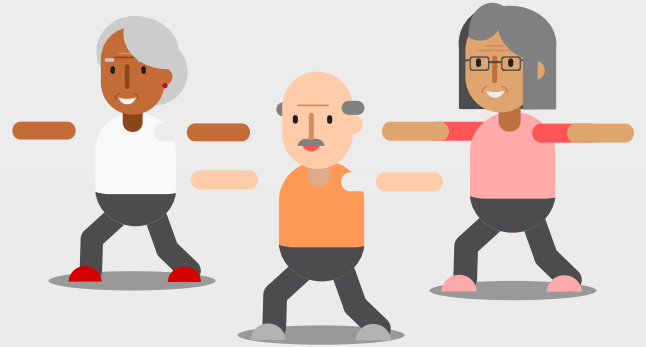
Lewy bodies disease resemble symptoms which are fairly similar to Parkinson's disease and also has many noticeable similarities with Alzheimer's disease. Memory problems normally develop only when the disease progresses. There is no preventive, curing, or halting treatment for the disease. Taking care of health, symptomatic medications, active and steady lifestyle support a patient's everyday life.



# TREATMENT



Treatment and rehabilitation means are planned together with the patient and relatives. Everybody's life situation and needs are different. Regular examination is important.



In treatment of the disease, good general health condition treatment is important such as correct medication, healthy diet, depression treatment, active exercise and different psychological well-being services .

## Lewy bodies disease



Assist services and different benefits eases everyday life. Benefits such as reimbursements of medicines, care allowance for pensioners and family care allowance. Memory organizations offers various pleasant activities.



In the early stage of the disease, planning for the future is important. You can express your own will and hopes in, for example, continuous power-of-attorney, testament and living-will.

Remember that life does not end when diagnosed with memory diseases. Grief and disappointment are natural feelings but together with the disease you can learn to accept and live a good life overtime.

👁️ Take care of yourself, you are important.

### Lähteet:

[www.muistiliitto.fi](http://www.muistiliitto.fi)  
[www.terveyskirjasto.fi](http://www.terveyskirjasto.fi)  
[www.kaypahoito.fi](http://www.kaypahoito.fi)  
Kuva ja taide: Karen Cipre  
[karencipre.deviantart.com](http://karencipre.deviantart.com)



**Salon  
Muistiyhdistys ry**  
Muistiliiton jäsen

